



MARIA GATSAL

ACTOR · DANCER · CHOREOGRAPHER

Helsinki-based | Spanish & Mexican | Available to Travel

Hair: Dark Brown | Eyes: Green | Height: 1.56 m

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ACTING

Role / Production	Theatre / Director	Year
Andromache, <i>Tiger at the Gates</i>	Soup Troup & The Finn-Brit Players	2026
Nina, <i>The Seagull</i>	Sinergia	2024
Talia, <i>El Lacayo y La Prostituta</i>	Esboo Arbis	2022
Rebecca, <i>Joy The Musical</i>	Esboo Arbis	2021
Lead, <i>Dinner is Ready</i>	Dir. Casey Daniel	2016
Lead, <i>Not Olivia</i>	Dir. Santiago Valencia	2016
Supporting, <i>Johnny's Perna's Night</i>	Dir. Matt Toronto	2016
Alice / Jane, <i>Closer</i>	Victory Theater	2016
Jessica, <i>This is Our Youth</i>	ACME Theater	2016
Lead, <i>Michelangelo</i>	Dir. Michael McCartney	2015
Lady in Brown, <i>For Colored Girls</i>	Kaminski Theater	2015
Bertha, <i>Hello From Bertha</i>	Kaminski Theater	2015
Terry Randall, <i>Stage Door</i>	ACME Theater	2014
Anna Harries, <i>Tender</i>	Hudson Theater	2014
Supporting, <i>Momento</i>	Dir. Joann Wong	2014
Lead, <i>Feels Like Home</i>	Dir. Nuria Hernandez	2013
La Novia, <i>Bodas de Sangre</i>	CMA México	2013
Peter Quince, <i>Sueño de Una Noche</i>	CMA México	2012
Viola, <i>Noche de Reyes</i>	CMA México	2012

DANCER

Project	Venue / Association	Year
Fragments (solo)	The Other Side / Catalysti Association, Vantaa	2024
Dance for Two	Silvia Verges / Inkorpora	2023
Detachment (solo)	Humina ry	2023
Joy The Musical	Esboo Arbis	2021
Borderline	Compound Company, Aachen	2019-2020
Uncanny Valley	Lin Verleger / ViaZud & Schrit_tmaher / Berliner Festspiele	2018-2019

CHOREOGRAPHIC WORK

Project	Venue / Association	Year
Off Beat	Aleksanterin Teatteri with Inkorpora	2024
Kuinka Äkápussi Kesytetään	Helsingin Teatteriakatemia	2023-2024
Detachment (solo)	Humina ry	2023

MUSIC VIDEOS

Role	Artist / Director	Year
Dancer, <i>Blue Dress</i>	Inkeri Laine Dir. Mikko Stenvik	2024

TEACHING

Role / Course	Institution	Year
Dance Teacher	Inkorpora Dance	2024-Present
Substitute Teacher	Helsingin Tanssiopisto	2021-Present
Dance Teacher	Break The Fight	2023-2025
Theater Teacher	Break The Fight	2024-2025
Meisner Course	Avanto Collective	Nov 2024
Meisner Weekly Classes	Sinergia	2023-2024
Movement Instructor	Helsingin Teatteriakatemia	2021-2024
Movement Instructor	Bongos Studio	2023
Movement Workshop	Actors Academy Finland	2021-2022
Dance Teacher (Volunteer)	COA Centraal Orgaan opvang asielzoekers	2018-2020

EDUCATION

BFA Acting, New York Film Academy, Los Angeles, California (2013-2016)

Meisner Technique & Scene Study with Cathy Giannone, Los Angeles, California (2013-2017)

Jazz Dance with Maria Del Bagno, Los Angeles, California (2013-2016)

RESIDENCIES

UN TANGO POR BALLETT (*working title*) — Granted by Humina ry (to start June 2026)

SINERGIA — Granted by Monoma Suomi & Mushrooming, Helsinki (Nov 2023 – Jun 2024)

PERSONAL PRACTICES

Flamenco · GYROKINESIS · Martha Graham Technique · Contact Improvisation · Inner Partner Workshop (IWIP, Meisner) · Taekwondo (3rd gup)

LANGUAGES & ACCENTS

Languages: Español (Native) · English (Fluent) · Finnish (B2)

Accents in English: Spanish (Castilian) · Spanish (Mexican) · Italian · French · Russian

Accents in Spanish: Castilian (Spain) · Mexican · Colombian · Argentine