

MARIA GATSAL

EMAIL MARIAGATSAL(AT)GMAIL.COM

LOCATION FINLAND / SPAIN

ARTISTIC CV

ACTING (RECENT WORK)

The Fence (Installation, film) • Pigeon (supportive) • By Martta Tuomaala, Christopher L. Thomas (Cinematographer) and Sonya Lindfors (choreographer) • 2026

Joyce, East Lynne (Theater) • Adapted & Directed by Matthew Paines, 2026

Andromache, Tiger at the Gates (Theater) • Directed by Anastasia Diatlova, 2026

Talia, El Lacayo y La Prostituta (Theater) • Directed by Sven Fernandez, 2025

Sofia, Joy The Musical (Theater) • Directed by Sven Fernandez, 2024

DANCER

An Interlude (Documentary) • Dir. by Silvia Verges • Helsinki, 2026

Kaja (Live, studio) • HUMINA ry • Helsinki, 2026

Blue Dress (Music video) • By singer-songwriter Inkeri Laine • Filmed by Mikko Stenvik, 2026

Dance For Two (Live, studio) • Choreographed by Silvia Verges, 2023

Joy The Musical (Theater) • Choreographed by Isabella Nystrom, 2024

Fragmentos (Street performance) • Choreographed by Maria Gatsal • Vantaa, 2024

Detachment (Live, studio) • Choreographed by Maria Gatsal, 2023

Border_Shift (Theater) • Yvonne Eibig • By Compound Company, 2019–2020

Uncanny Valley (Theater) • Choreographed by Lin Verleger, 2018–2019

CHOREOGRAPHER

Kaks Kaja (Live, studio) • HUMINA ry • Helsinki, 2026

Off Beat (Live, studio) • Aleksanterin Teatteri • Helsinki, 2023

Kuinka Äkäpussi Kesytetään (Theater) • Teatteri Tuike • Helsinki, 2024

RESIDENCIES

Project: Kaja granted by Humina ry, June 2026

Project: Sinergia granted by Monoma Suomi & Mushrooming, Nov 2023–Jun 2024

EDUCATION

BFA Bachelor of Fine Arts in Acting • New York Film Academy • 2013–2016

Meisner Technique • Cathy Giannone • 2013–2016

TRAINING

Flamenco • Contemporary Dance • Contact Improvisation • Martha Graham Technique • Dance Improvisation • Lyrical Dance • Jazz • Commercial • Reggaeton • Breakdance • Gyrokinesis • Inter(Acting) with the Inner Partner • Meisner • Taekwondo

LANGUAGES

Spanish (Native) • English (Fluent) • Finnish (B1)

TEACHING CV

TEACHING

Dance Teacher • Inkorpora Dance Project • Helsinki, 2024 – present

Dance Substitute Teacher • Helsingin Tanssiopisto • Helsinki, 2021 – present

Dance and Theatre Teacher • Break The Fight • Helsinki, 2023 – 2025

Movement Instructor • Bongos Studio • Helsinki, 2023

Meisner and Movement Teacher • Helsingin Taidekoulu • Helsinki, 2021 – 2024

Dance Teacher (Volunteer) • COA • Netherlands • Helsinki, 2018 – 2020

FREELANCE

Meisner courses • AVANTO [art & movement] • Helsinki, 2024

Meisner courses • Monoma Suomi & Mushrooming • Helsinki, 2023 – 2024

Movement for actors • Actors Academy • Helsinki, 2022

EDUCATION & CERTIFICATIONS

Bachelor of Fine Arts, Acting • New York Film Academy • USA

First Aid (EA1) • Finnish Red Cross • Expires 2028